

Omaha Blue Waves Weekly Martial Arts Class Schedule

Monday	Tuesday	Wednesday	Thursday	Saturday
				8:30-9:00 AM Advanced TKD
				9:00-0:950 AM TEAMS Practice
				10:00 -10:30 AM Extreme Practice RM 1 Rotational Classes RM 2
				10:30 – 11:00 AM Tiny Tots 3-4 YOA RM 1 Kumdo/Swords RM 2
				11:00 -11:30 AM RM 1 Tiny Tigers
Sunday				
4:30 – 5:30PM OPEN GYM		4:30 – 5:30PM OPEN GYM 5:00 to 5:50 5-7 TaeKwon-Do RM 1		
6:00 – 6:50 PM 8-12 TaeKwon-Do RM 1	6:00 – 6:50 PM 5-7 TaeKwon-Do RM 1 8-12 TKD Beginner RM 2	6:00 – 6:50 PM 8-12 TaeKwon-Do RM 1 Teens/Adult HKD RM 2	6:00 – 6:50 PM 5-7 TaeKwon-Do RM 1 8-12 TKD Beginner RM 2	
7:00 – 7:50 PM Teens /Adult TKD RM 1	7:00 – 7:50 PM Teens /Adult TKD RM 1 8-12 TKD Advanced	7:00 – 7:50 PM Teens /Adult TKD RM 1	7:00 – 7:50 PM Teens /Adult TKD RM 1 8-12 TKD Advanced RM 2	



Unlimited students may attend any class that they have signed up for within their age group, rank, and style. Only main school students may attend open gym times.
Main School Schedule / Schedule subject to change without notice.